**Real Life Discipleship Coaching Video - Week Two**

In Week Two of the Real Life Discipleship Coaching Video Series, co-author Bill Krause explores the power of having a shared, biblical definition of a disciple. Drawing from his personal journey and experiences, Bill emphasizes how a clear definition of discipleship based on Matthew 4:19 provides focus and intentionality for personal growth and group leadership. This week’s insights will help you assess your own discipleship journey and guide others more effectively.

**Key Topics Covered:**

* **The Importance of Alignment:** Why having a unified definition of a disciple is essential for the church’s effectiveness.
* **Personal Story:** Bill shares how discipleship was missing in his early years of faith and how an intentional mentor helped him grow.
* **The Power of Matthew 4:19:** Jesus’ invitation to follow Him serves as a concise and transformational definition of discipleship.
* **A Practical Framework:** Using this definition to evaluate your own spiritual growth and identify specific areas for others to develop.
* **Avoiding Unnecessary Struggles:** How clarity around the target of discipleship can eliminate confusion and wasted efforts.

**Key Takeaways:**

1. **A Clear Definition Matters:** Without a shared understanding of discipleship, individuals and groups may aim at different targets, causing misalignment and frustration.
2. **Jesus’ Invitation is the Blueprint:** In Matthew 4:19, Jesus embeds the definition of a disciple in His call to follow Him: (1) Follow Me, (2) I will make you, (3) fishers of men.
3. **Assessment and Growth:** This definition provides a practical way to assess personal and group discipleship, helping leaders guide others intentionally.

**Reflection Questions:**

* How would you currently define a disciple?
* Are your personal discipleship goals aligned with Jesus’ definition?
* How can you use Matthew 4:19 to evaluate and guide those you’re discipling?

**Action Steps for Leaders:**

* Take time to memorize and reflect on Matthew 4:19 this week.
* Write down your own definition of a disciple and compare it with Jesus’ invitation.
* Use the framework to evaluate where you are in your journey and where your group members may need support.

**Additional Resources:**

* The Real Life Discipleship Training Manual (Week Two)
* The Real Life Discipleship Coaching Video Series
* Explore more resources at [RealLifeDiscipleship.com](http://RealLifeDiscipleship.com)

**Next Week’s Preview:**
Week Three dives into how disciples grow, exploring the stages of spiritual development and how to guide others through them. Don’t miss it!